

1 **Title:** The effects of chronic endometritis on pregnancy outcomes.

2 **Short running title;** Endometritis on pregnancy.

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37 **Acknowledgments;**

38 This study was supported by Grants-in-Aid for Scientific Research of the Japan Society  
39 for the Promotion of Science, Grant Numbers 16K11083 and 19K09752 (to F.K.).

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49 **Abstract 250 words**

50 **Problem:** CE impacts implantation process and clinical outcomes of assisted  
51 reproductive technology. However, the effect of CE on pregnancy outcome is still  
52 unknown.

53 **Method of Study:** A retrospective case control study was conducted in a single  
54 university. Subjects who conceived by IVF within a year after a histological diagnosis  
55 of CE under 40 years of age from September 2013 to December 2017 were extracted.  
56 The rates of miscarriage, preterm birth, term birth and live birth per pregnancy  
57 according to the presence or absence of CE were analyzed. Logistic regression analysis  
58 was performed for miscarriage, preterm birth, term birth and live birth for 8 explanatory  
59 variables of 7 infertility factors and CE.

60 **Results:** A total of 39 pregnancies of 38 subjects with Non-CE and 35 pregnancies of  
61 32 subjects with CE were finally analyzed. The rates of miscarriage, preterm birth, term  
62 birth and live birth per pregnancy were 12.8% vs 40.0% ( $P<0.03$ ), 2.6% vs 14.3%  
63 ( $P=0.1$ ), 84.6% and 45.7% ( $P<0.001$ ) and 84.6% and 57.1% ( $P<0.03$ ) in the Non-CE  
64 group and the CE group, respectively, although only the analysis for term birth rate had  
65 sufficient power to exclude Type II error. On logistic analysis, CE was a factor affecting  
66 objective variables of miscarriage, term birth and live birth.

67 **Conclusions:** The term birth rate per pregnancy became lower mainly due to an  
68 increase in miscarriages when CE was detected before pregnancy in the patients treated  
69 with IVF. A histopathological diagnosis of CE adversely affected pregnancy outcomes.

70

71 **Keywords:** Chronic endometritis, Infertility, Implantation failure, Pregnancy outcomes

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73

74 **Main text**

75 **Introduction**

76 Chronic endometritis (CE) is a slight inflammation of the endometrium that is  
77 histologically diagnosed mainly by the presence of plasma cells in the endometrial stroma  
78 ([1-4](#)). There have been several recent reports that CE is associated with infertility and  
79 implantation failure ([5-7](#)). CE is known to histologically show various inflammatory  
80 features such as neutrophil infiltration, and decidua-like changes are often seen in addition  
81 to plasma cells ([1-4](#)). Furthermore, it has been reported that inflammatory cytokines such  
82 as TNF $\alpha$ , IL1, and IL6 are elevated in menstrual blood ([8](#)). Thus, it is thought that  
83 inflammation is present biochemically, as well as histologically, within the endometrium,  
84 though the degree may be low. Inflammation has been reported as a factor adversely  
85 affecting obstetric outcomes causing miscarriage and preterm birth ([9](#), [10](#)). CE has also  
86 been reported to affect decidualization and the distribution of NK cells in the implantation  
87 phase of the endometrium ([11](#), [12](#)). These facts suggest that CE not only affects  
88 implantation, but it may also affect **pregnancy** outcomes when patients conceive.  
89 Until now, clinical research on CE has mainly involved patients with recurrent  
90 implantation failure (RIF) ([3](#), [6](#), [7](#), [13](#), [14](#)). The subsequent pregnancy rate after diagnosis  
91 of RIF is lower even without CE, since it is thought that there are other underlying  
92 diseases causing implantation failure ([15](#), [16](#)). These diseases such as severe adenomyosis,  
93 fibroid, and the presence of specific autoantibodies, which are causes of implantation  
94 failure, are potential factors that affect **pregnancy** outcomes. Thus, RIF without CE cannot  
95 be used as the control to study the effects of CE on fertility and **pregnancy** outcomes. We

96 think that this is one of the reasons there have been no reports studying the effects of CE  
97 on pregnancy outcomes. In the present study, subjects who had RIF, recurrent pregnancy  
98 loss (RPL), and diseases suspected to cause implantation failure were excluded. The aim  
99 of the study is to evaluate the impact of CE on pregnancy outcomes. This strategy made  
100 it possible to examine the effects of CE on pregnancy outcomes. To the best of our  
101 knowledge, this study is the first report to examine the effects of histologically confirmed  
102 CE on pregnancy outcomes in IVF patients without RIF, RPL and diseases suspected to  
103 cause implantation failure.

104

## 105 **Methods**

### 106 **Ethics**

107 This research was approved by the Ethics Committee of Shiga University of Medical  
108 Science. Informed consent was obtained from all patients (registration number R2014-  
109 090). All clinical studies were conducted according to the Declaration of Helsinki for  
110 Medical Research involving Human Subjects.

111

### 112 **Subject**

113 The purpose of this study was to investigate whether the presence of CE affects the  
114 pregnancy outcomes. We chose only the patients treated with IVF because pregnancy by  
115 IVF has been shown to have pregnancy outcome worse comparing with spontaneous  
116 pregnancy. Then, after the extraction of the patients conceived within a year after the  
117 diagnosis of presence or absence of CE, we excluded RIF, RPL and diseases that were  
118 likely to have an impact on the outcome of pregnancy before the analysis in order to  
119 achieve the purpose of present study. After that, the patients treated with antibiotics were

120 excluded. After these exclusions, pregnancy outcome was analyzed according to the  
121 presence or absence of CE. These methods are described in detail below.

122 At our institute, hysteroscopy has been performed in principle for the purpose of rule out  
123 of abnormal findings in the uterine cavity such as morphological abnormalities,  
124 submucosal fibroid, endometrial polyp and so on when the embryos are frozen or before  
125 in vitro fertilization. Endometrial tissue sampling has been performed for patients who  
126 desire the assessment of an endometrial dating and/or an examination for the presence or  
127 absence of CE.

128 A registration list of the patients performed hysteroscopy and endometrial sampling was  
129 used to identify research subjects. The patients who performed under 40 years of age were  
130 target in the present study. The subjects were extracted when the patients were conceived  
131 with IVF at hour hospital within a year after the histological diagnosis with the presence  
132 or absence of CE using CD138 immunostaining from September 2013 to December 2017.

133 RIF, RPL, and patients with disease suspected to have a cause of implantation failure were  
134 excluded. RIF was defined as the failure of clinical pregnancy after 4 good quality embryo  
135 transfers, with at least three fresh or frozen IVF cycles, as per Coughlan et al ([15](#)). RPL

136 was defined as the patient with 3 or more miscarriage ([17](#)). Patients suffering from  
137 endocrine and autoimmune diseases, uterine malformation such as septate uterus,  
138 multiple myoma, endometrial polyp detected by hysteroscopy, hydrosalpinx detected by  
139 ultrasonography, or adenomyosis with over 2.5cm thickness in uterine wall were to be  
140 excluded ([18-25](#)), when the hysteroscopy was detected. Patients were given 7 or more  
141 days of antibiotics for the purpose of CE treatment were also excluded.

142

143 **Diagnosis of CE**

144 When the endometrium was collected, the ovulation date was identified using a urine  
145 ovulation test and ultrasonography for the subjects, and the tissue around the center of the  
146 anterior endometrium was collected with 4.5 J.A.M.W Type Uterine Curettes 5-9 days  
147 after ovulation.

148 CD138 immunostaining of endometrial tissue was performed according to previous  
149 reports ([11](#), [26](#)). One of the pathologists examined the specimens and made the diagnosis.

150 When one or more plasma cells stained with CD138 were found in 10 high-power fields  
151 (HPF; a field magnified 400 times with a microscope), the patient was diagnosed with  
152 CE.

153

154 **Data collection**

155 Pregnancy was defined as presence of the gestational sac in the uterine cavity. When a  
156 subject had been pregnant multiple times in a year, all data were counted. The data of  
157 patients' characteristics including age, gravidity, parity, body mass index (BMI), smoking  
158 status, number of previous ova pick-up cycles, cause of infertility, **the date of serum**  
159 **follicle-stimulating hormone (FSH) level measured within 12 months before the diagnosis**  
160 **of the pregnancy and the data of quality of embryo transferred at the time of diagnosis of**  
161 **the pregnancy were extracted from patients' records.**

162 Percentages of miscarriages, preterm births, term births, and live births in pregnancy and  
163 percentages of preterm births, term births, and live births in ongoing pregnancy were also  
164 analyzed. In addition, in the case of preterm birth, detailed information on the clinical  
165 course was also gathered.

166

167     **Statics**

168     The target number of participants in the present study was calculated based on a meta-  
169     analysis reported by Vitagliano, et al ([27](#)). The miscarriage rates of cured CE and  
170     persistent CE were calculated from this article, although the data in this article depended  
171     on the patients with RIF. According to the report, when CE was cured with antibiotics,  
172     the miscarriage rate was 14.1% (13/92), but when it persists the rate was 50.0% (4/8).  
173     They showed a statistical difference between them. Based on these results, we calculated  
174     the number of patients required for enrollment using software provided by the Department  
175     of                    Biostatistics,                    Vanderbilt                    University  
176     (<http://biostat.mc.vanderbilt.edu/wiki/Main/PowerSampleSize>). Independent, case-  
177     control, two proportion and Fisher's exact test were selected to measure the sample size  
178     in the section of Dichotomous. We selected 0.05 for  $\alpha$ : the probability that we will falsely  
179     reject the null hypothesis, 0.8 for *power*: the probability of always rejecting the null  
180     hypothesis if the null hypothesis is false in the statistical hypothesis test, 0.141 for  $P_0$ :  
181     the probability of the outcome for a control patient in prospective studies, 0.5 for  $P_1$ : the  
182     probability of the outcome in an experimental subject in prospective studies. When we  
183     chose 0.9 for  $m$ : the ratio of control to experimental subjects for independent prospective  
184     studies, it was calculated that registration of 33 cases for control and 30 cases for case  
185     was necessary.

186     Statistical analysis was performed using Graph Pad Prism 5 (GraphPad Software Inc., La  
187     Jolla, CA). Each dataset was checked for a normal distribution using the Kolmogorov-  
188     Smirnov test, and Student's *t*-test or the non-parametric Mann-Whitney U test was used  
189     depending on the distribution pattern. The significance of differences such as rates of  
190     miscarriage, preterm birth, term birth and live birth between the Non-CE group and CE



191 group was examined using Fisher analysis and **chi-square test was performed for cause**  
192 **of infertility and embryo quality.** A significant difference was considered present at a P  
193 value less than 0.05. **A power analysis was also performed with respect to the numbers of**  
194 **subjects to analyze the differences such as rates of miscarriage, preterm birth, term birth**  
195 **and live birth between the Non-CE group and CE group by the same software provided**  
196 **by the Department of Biostatistics, Vanderbilt University.**

197 In addition, since this was a retrospective study, logistic regression analysis was  
198 performed for 8 explanatory variables of 7 infertility factors (male factor, oviduct factor,  
199 endometriosis, ovarian factor, anti-sperm antibody-positive, fertilization failure,  
200 unexplained infertility) and CE with respect to 4 objective variables of miscarriage,  
201 preterm birth, term birth, and live birth in the pregnancy group, and 3 objective variables  
202 of preterm birth, term birth, and live birth in the ongoing pregnancy groups. SSPS  
203 statistics version 25 was used for this analysis. Odds ratios and P values were calculated.  
204 A significant difference was defined as a P value less than 0.05.

205

## 206 **Results**

207 A total of 93 patients were extracted for the present study (Figure 1). Nine RIF and 3 RPL  
208 patients were excluded. A patient with multiple myomas was excluded. **None of the study**  
209 **participants had endocrine and autoimmune diseases, uterine malformation such as**  
210 **septate uterus, endometrial polyp, hydrosalpinx, or adenomyosis, although they were**  
211 **described as an exclusion criterion, and, although 3 patients had past history to treat**  
212 **endometrial polyp and a patient had past history to treat hydrosalpinx, they were**  
213 **completely cured at the time of hysteroscopy performed before embryo transfer. Nine**  
214 patients who received antibiotics were excluded. Seventy patients were eligible for the

215 present study and then included for the analysis of pregnancy outcome. Thirty-eight were  
216 Non-CE and 32 were CE. There were 4 patients, one in the Non-CE group and three in  
217 the CE group, who became pregnant twice within a year. In the Non-CE group, a patient  
218 gave birth at term after miscarriage. In the CE group, one patient gave birth at preterm  
219 and two patients gave birth at term after miscarriages. As a result, 39 pregnancies of Non-  
220 CE patients and 35 pregnancies of CE patients were analyzed.

221 In the cases of pregnancy, there were no differences in age, gravidity, parity, BMI,  
222 smoking status, and the number of previous ova pick-up cycles between the Non-CE and  
223 CE groups **at the time of diagnosis of the pregnancy**, though the serum FSH level tended  
224 to be higher in the CE group (Table 1). Percentages of miscarriage, preterm birth, term  
225 birth, and live birth in the pregnancy were: 12.8% (5/39) vs. 40.0% (14/35)  $P<0.03$ ; 2.6%  
226 (1/39) vs. 14.3% (5/35)  $P=0.095$ ; 84.6% (33/39) vs. 45.7% (16/35)  $P<0.001$ ; and 84.6%  
227 (33/39) vs. 57.1% (20/35)  $P<0.03$  in Non-CE vs. CE, respectively (Table 1). **The rate of**  
228 **term birth per pregnancy was found to be adequate by the power analysis (Power = 0.923),**  
229 **although the rates of miscarriage per pregnancy, preterm birth per pregnancy and live**  
230 **birth per pregnancy were not. There were no differences in cause of infertility and embryo**  
231 **quality.**

232 In ongoing pregnancy, there were no differences in age, gravidity, parity, serum FSH level,  
233 BMI, smoking status, and the number of previous ova pick-up cycles between the Non-  
234 CE and CE groups (Table 2). Percentages of preterm birth, term birth, and live birth in  
235 the ongoing pregnancy were: 2.9% (1/34) vs. 23.8% (5/21)  $P<0.03$ ; 97.1% (33/34) vs.  
236 76.2% (16/21)  $P<0.03$ ; and 100% (34/34) vs. 95.2% (20/21)  $P=NS$ , respectively (Table  
237 2). **The rates of preterm birth per ongoing pregnancy and term birth per ongoing**  
238 **pregnancy were not found to be adequate by the power analysis. There was no difference**

239 in cause of infertility, though the embryo quality tended to be lower in the Non-CE group.

240 Table 3 shows a list of preterm births. One case in the Non-CE group and 5 cases in the  
241 CE group resulted in preterm births. All of these cases had pregnancy check-ups at our  
242 hospital. In the Non-CE group, one case underwent a caesarean section due to uterine  
243 bleeding caused by total placental previa at a gestational age of 36 weeks and 2 days. On  
244 the other hand, 2 of the 5 CE cases had preterm premature rupture of the membranes  
245 (pPROM). One of them developed pPROM at 22 weeks and 5 days of gestation, resulting  
246 in stillbirth. The other was one case with pPROM at 35 weeks and 4 days who gave birth  
247 at 36 days and 0 days of gestation. One case was admitted due to preterm labor at 33  
248 weeks of gestation, and cesarean delivery was performed at 36 weeks and 6 days of  
249 gestation because of difficulty controlling uterine contractions and a previous cesarean  
250 section. There was also one case of cesarean section due to a severe hypertensive disorder  
251 of pregnancy (HDP) at 36 weeks and 2 days of gestation. In addition, there was one case  
252 that was delivered by cesarean section due to a refractory fetal pleural effusion at 36  
253 weeks and 3 days of gestation.

254 On logistic analysis, CE was a factor that affected the objective variables of miscarriage,  
255 term birth, and live birth in the pregnancy group, and preterm birth and term birth in the  
256 ongoing pregnancy group. The odds ratio and P values for each were 4.8 ( $P<0.03$ ), 0.11  
257 ( $P<0.001$ ), and 0.18 ( $P<0.01$ ) in the pregnancy group (Table 4), and 16.3 ( $P<0.05$ ) and  
258 0.61 ( $P<0.05$ ) in the ongoing pregnancy group (Table 5).

259

## 260 Discussion

261 In the present study, the pregnancy outcomes of patients who became pregnant within a  
262 year after histological examination for the presence of CE were retrospectively

263 investigated. In addition, the correlations between 4 objective variables of miscarriage,  
264 preterm birth, term birth, and live birth and eight infertility factors including CE as  
265 explanatory variables were analyzed by logistic analysis. The results suggested **that the**  
266 **term birth rate was lower** and the miscarriage rate was higher when the patients became  
267 pregnant, and the preterm birth rate was higher even when pregnancy continued **although**  
268 **only the rate of term birth per pregnancy was found to be adequate by the power analysis.**  
269 CE was a factor adversely affecting objective variables of miscarriage and preterm  
270 birth. There are no difference regarding the patients' characteristics, **infertility cause and**  
271 **embryo quality between the groups.** Thus, these differences did not affect the poor  
272 outcome of pregnancy in the CE patients.

273 The previous clinical studies of CE mainly targeted in patients with implantation failure.  
274 In these reports, CE was shown to be a cause of implantation failure, because the  
275 pregnancy rate improved in the cured group compared with the persistent CE group after  
276 the administration of antibiotics. In the present study, the effects of CE on pregnancy  
277 outcomes were examined in pregnant patients by undergoing IVF, who had not been  
278 diagnosed with RIF, RPL, or a disease suspected to cause implantation failure at the time  
279 of selecting patients for the present study. The **pregnancy** outcome of CE patients  
280 achieving pregnant by IVF within a year were compared with those in the Non-CE group.  
281 There have been no reports regarding the effect of CE on **pregnancy** outcomes with  
282 complete follow-up after the diagnosis of CE. **Although this study was retrospective, the**  
283 **results suggested that CE patients were more likely to have a miscarriage when they**  
284 **became pregnant and to proceed to preterm birth even when pregnancy continued.**

285 The rates of miscarriage per pregnancy were approximately 12.8% and 40% in the Non-  
286 CE and CE groups, respectively. The miscarriage rate of IVF not receiving a

287 preimplantation genetic diagnosis is generally reported to be about 15-20% ([28](#), [29](#)). This  
288 study suggested that the rate in the Non-CE group was lower, and that in the CE group  
289 was considerably higher. Recently, we have reported that chronic deciduitis was found  
290 more frequently in miscarriage cases of the CE patients ([30](#)). When CE patients become  
291 pregnant, this inflammation may persist at a high rate. It is thought that microbiome itself  
292 and/or inflammatory cytokines induced by this bacterium may affect embryonic  
293 development and cause miscarriage ([31](#), [32](#)). On the other hand, it has been reported that  
294 CE modifies decidualization ([11](#)). The CE may have a higher miscarriage rate by delaying  
295 the window of implantation due to the modification of decidualization, allowing it to  
296 accept only weak embryos to be miscarried ([33](#), [34](#)). Further research is needed on the  
297 mechanism why CE causes miscarriage. We think that it may be a clue to reduce  
298 miscarriage.

299

300 Analysis of the clinical course of preterm birth patients showed one case of placenta  
301 previa in the Non-CE group and 5 cases in the CE group, including 2 cases of pPROM,  
302 one case of preterm labor with difficulty regulating uterine contractions, one case of  
303 severe gestational hypertension, and one case of fetal anomaly ([Table 3](#)). The rate of  
304 preterm birth was significantly higher in the CE group than in the Non-CE group in  
305 ongoing pregnancy. Placental evaluation was performed only in 3 of 6 cases of preterm  
306 birth; a case of pPROM at 24 weeks of pregnancy, a case of preterm labor and a case of  
307 fetal pleural effusion. All were diagnosed with chorioamnionitis class I in Blanc's  
308 classification ([35](#)).

309 When focusing on pPROM and preterm labor, onset of those diseases directly seems to  
310 be associated with inflammation, there were no cases in Non-CE and 2 cases of pPROM  
311 and one case of preterm labor that was difficult to control in CE. The rate of preterm birth  
312 due to pPROM or preterm labor in ongoing pregnancy tended to be higher in CE (0%  
313 0/34 vs. 14.3% 3/21, P=0.05). Two of three preterm deliveries occurred at 36 weeks of  
314 pregnancy and this result gives us the impression that the relationship between CE and  
315 preterm birth is weakened, but if we take a closer look at the cases, one had been  
316 hospitalized and treated with long term tocolysis for threatened preterm delivery from 33  
317 weeks of pregnancy and the other had pPROM at 35 weeks of pregnancy. On the other  
318 hand, there was not any patient hospitalized due to threatened preterm delivery or pPROM  
319 in the Non-CE. Based on these results, we think it is possible there is a relationship  
320 between CE and preterm birth and speculate that a few CE patients may persist  
321 inflammation in the uterus until late pregnancy or that patients diagnosed with CE are  
322 more likely to have microbiome easily supplied to the uterus from other organs such as  
323 oral cavity and gut during the pregnancy (4, 36-38).

324

325 Although HDP in one case with preterm delivery was found only in the CE group, it was  
326 found in one case of Non-CE and 2 cases of CE with term delivery (data not shown), and  
327 a case with fetal anomaly was found in the CE group. There was no significant difference  
328 in these conditions between the two groups (data not shown). It has been shown that  
329 inflammation impaired the ability of extra villous trophoblast (EVT) to invade in vitro,  
330 that may be involved in HDP(39, 40). Also, there has been reports of endometritis caused  
331 by cytomegalovirus (41, 42), which is a famous pathogen causing fetal defects (43).

332 Theoretically, CE could be a cause of these disease and might be shown to be a risk factor  
333 for HDP and fetal defects in the future. Because of the reason, the results are presented in  
334 the present article.

335

336 When we focus on the analysis of the treatment outcomes of infertility patients, 84  
337 subjects of 40 Non-CE and 44 CE, who had been treated with IVF for 1 year at this  
338 hospital after histological diagnosis of CE using CD138 immunostaining from September  
339 2013 to December 2017, were eligible after the exclusion of the patients who met  
340 exclusion criteria similar to the analysis of pregnancy outcomes per pregnancy  
341 (Supplemental figure 1.)

342 The results were shown in Supplemental table 1. The percentages of pregnancies,  
343 miscarriages, preterm births, term births, and live births per total patients were not  
344 presented as the main results in the present study, as these results were led under such  
345 special conditions stated in the footnote of supplemental table 1. However, the presence  
346 of CE seems to have adversely affected the rates of patients who can become pregnant  
347 per total patients, patients who have had a miscarriage per total patients, patients who  
348 have experienced term delivery per total patients and patients who have experienced live  
349 birth per total patients although only the rates of patients who have experienced term  
350 delivery per total patients and patients who have experienced live birth per total patients.  
351 Also, CE was a factor that affected the objective variables on the logistic analysis  
352 (Supplemental table 2). CE is a problem to be solved to improve both infertility and  
353 pregnancy outcomes. These findings suggest that patients undergoing IVF should be  
354 examined for CE.

355 The numbers of CD138 positive cells in 10 HPFs were compared among miscarriage,

356 preterm birth, and term birth in the CE group. There was no difference found in those  
357 numbers. It has been reported that there is a correlation between plasma cell survive  
358 and/or density and persistence and severity of inflammation in the tissue ([44-48](#)).  
359 Applying this theory to CE, the high density of plasma cell indicates a high degree of  
360 endometrial inflammation and dysfunction. However, our results indicate that there is no  
361 association between the intrauterine inflammation before pregnancy and the induction of  
362 miscarriage and preterm birth.

363 To date, no reports of the effects of CE on pregnancy outcomes have been found. A meta-  
364 analysis studied by Vitagliano A, et al. only reported that four out of eight pregnant  
365 women had a miscarriage when CE persisted after antibiotic treatment for RIF ([27](#)). At  
366 present, when diagnosed as CE, the patient is usually treated with antibiotics and then  
367 undergoes embryo transfer. When the present study was conducted, it was already  
368 beginning to be thought that antibiotics might be effective for the improvement of clinical  
369 outcomes. When embryo transfer was performed to subjects with a diagnosis of CE in out  
370 hospital, they were asked if they would be treated with antibiotics. The patients of the CE  
371 group extracted to the present study were those who did not want antibiotic treatment. In  
372 this sense, the cases who became pregnant following their diagnosis with or without CE  
373 are few and extremely valuable. It has been assumed that the in utero environment at the  
374 time of pregnancy establishment influences the prognosis of pregnancy ([49](#)). The results  
375 will provide new evidence to support this assumption. To the best of our knowledge, there  
376 are no studies regarding the effect of CE on the prognosis of pregnancy, and this is the  
377 first report in the world. These are the strength of the present study.

378 On the other hand, this study was performed retrospectively. Although the numbers of



379 the case and controls were satisfied with power analysis to analyze miscarriage rate, they  
380 were relatively small, and, based on the power analysis on the actual numbers of subjects,  
381 only the term birth rate met the number of subject and the miscarriage rate and preterm  
382 birth rate did not. In this sense, we can definitively conclude that the term birth rate per  
383 pregnancy becomes lower due to increases in miscarriages and preterm births in CE  
384 patients. Also, patients who sought antibiotic treatment was treated with them and were  
385 excluded from the study. This attitude is morally correct, but this means that the CE group  
386 did not reflect all CE patients in the study period. This causes selection bias. These are  
387 the limitation in the present study.

388 Based on the present study, it is important to investigate the effects of antibiotic  
389 treatment whether cure of CE improves obstetric outcome in the future. This result is very  
390 important in considering the pathophysiology of CE.

391 In conclusion, the term birth rate per pregnancy became lower mainly due to an increase  
392 in miscarriages when CE was detected before pregnancy in the patients treated with IVF.  
393 A histopathological diagnosis of CE adversely affected term birth rate per pregnancy.

394

395 **Conflict of interest:**

396 No authors have any conflict of interest to disclose.

397

398 **Authors' contributions:** Conception and design: FK; acquisition of data: AM, FK, AN,  
399 JK, TH, AT, AT, TA, SK; analyzed the data: HK, FK, TA, ST, SK, MS, RK; drafting the  
400 manuscript: AM, FK; substantively revised it: RK; final approval of the version: TM. All  
401 authors read and approved the final manuscript.

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403

404

405 **Figure Legends**

406 **Figure 1. Subjects of this study**

407 A total of 93 patients were extracted for the present study (Figure 1). Nine RIF and 3 RPL  
408 patients were excluded. A patient with multiple myomas was excluded. Nine patients who  
409 received antibiotics were excluded. Seventy patients were included for the analysis of  
410 pregnancy outcome. Thirty-eight were Non-CE and 32 were CE. There were 4 patients,  
411 one in the Non-CE group and three in the CE group, who became pregnant twice within  
412 a year. In the Non-CE group, a patient gave birth at term after miscarriage. In the CE  
413 group, one patient gave birth at preterm and two patients gave birth at term after  
414 miscarriages. As a result, 39 pregnancies of Non-CE patients and 35 pregnancies of CE  
415 patients were analyzed.

416

417

418 **Figure 2. The number of CD138 positive cell per 10HPFs in miscarriage, preterm**  
419 **birth and term birth**

420 There was no difference found in the number of CD138 positive cell per 10HPFs among  
421 miscarriage, preterm birth and term birth.

422

423

424 **Supplemental figure 1**

425 A total of 115 patients were extracted for the present study. Eleven RIF and 4 RPL patients  
426 were excluded. A patient with hypothyroidism with positive anti-thyroid peroxidase  
427 antibody, 2 patients with multiple myomas and a patient with adenomyosis were excluded.  
428 None of the study participants had uterine malformation, although it was not described as  
429 an exclusion criterion. Twelve patients who received antibiotics were excluded.

430

431 **Table legends**

432 **Supplemental table 1.**

433 Forty patients of Non-CE patients and 44 patients of CE patients were analyzed. There  
434 were no differences in age, gravidity, parity, BMI, smoking status, and the number of  
435 previous ova pick-up cycles between the Non-CE and CE groups at the time of diagnosis  
436 of the pregnancy, although the serum FSH level tended to be higher in the CE group.  
437 Percentages of pregnancy, miscarriage, preterm birth, term birth, and live birth in the  
438 pregnancy were: 95% (38/40) vs. 72.7% (32/44)  $P<0.01$ ; 12.6% (5/40) vs. 31.8% (14/44)  
439  $P<0.03$ ; 2.5% (1/40) vs. 11.3% (5/44)  $P=NS$ ; 82.5% (33/40) vs. 36.4% (16/44)  $P<0.0001$ ;  
440 and 85% (34/40) vs. 45.4% (20/44)  $P<0.0003$  in Non-CE vs. CE, respectively. The rate  
441 of term birth per patient and live birth per patient were found to be adequate by the power  
442 analysis (Powers; 0.992 and 0.962), although the rates of miscarriage per patient and  
443 preterm birth per patient were not. There were no differences in cause of infertility and  
444 embryo quality.

445

446 The number of patients achieving pregnant is very high in view of general IVF outcomes.  
447 We think this result is due to the following reasons. 1) It is assumed that “freeze all  
448 blastocysts strategy” was used and CE test was mainly performed after frozen blastocyst  
449 was completed. When the patients were examined whether CE was present or not, at least  
450 an embryo had been frozen in 83 of 84 patients and multiple embryos had been frozen in  
451 63 of 84 patients. 2) It is also possible that endometrial tissue sampling for CE testing  
452 might have a scratching effect ([50](#)) . 3) Average patient age is approximately 35 years old,  
453 excluding those over 40 years old when the presence of CE was examined. 4) In addition,

454 RIF, RPL and patients with diseases likely to affect implantation and obstetrics outcomes  
455 were excluded. We think that these results suggested that CE is a factor that affects both  
456 fertility and obstetric outcome.

457

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600

1 **Table 1. Characteristics and pregnancy outcomes of pregnancy**

	Non-CE N=39	CE N=35	P value	Power
Age (y)	35.2±0.51	34.3±0.55	NS	
Gravidity	0 (0-4)	0 (0-3)	NS	
Parity	0 (0-1)	0 (0-1)	NS	
The level of serum FSH	7.1 (4.3-18.4)	8.8 (5.4-14.8)	.06	
Previous OPU cycles	1 (1-9)	1 (1-6)	NS	
BMI (kg/m <sup>2</sup> )	20.7 (16.91-32.81)	21.82 (17.0-32.81)	NS	
Smoking	0	0	NS	
Miscarriage / pregnancy	12.8% (5/39)	40.0% (14/35)	<.03	.674
Preterm birth / pregnancy	2.6% (1/39)	14.3% (5/35)	.095	.29
Term birth / pregnancy	84.6% (33/39)	45.7% (16/35)	<.001	.922
Live birth / pregnancy	84.6% (33/39)	57.1% (20/35)	<.03	.657
Cause of infertility			NS	
Male factor	7	6		
Tubal factor	6	11		
Endometriosis	10	10		
Ovarian factor	6	6		
Antisperm antibody	1	1		
Fertilization failure	0	1		
Unknown	15	6		
Embryo quality			NS	
Good quality blastocyst	65% (26/40)	68.4% (26/38)		
Poor quality blastocyst	32.5% (13/40)	23.7% (9/38)		
Good cleaved embryo	2.5% (1/40)	7.9% (3/38)		

2 BMI: body mass index, CE: Chronic endometritis, FSH: follicle-stimulating hormone, OPU: ova pick  
3 up, NS: not significance

4

5

6 **Table 2. Characteristics and pregnancy outcomes of ongoing pregnancy**

	Non-CE N=34	CE N=21	P value	Power
Age (y)	35.2±0.55	34.5±0.70	NS	
Gravity	0 (0-4)	0 (0-3)	NS	
Parity	0 (0-1)	0 (0-1)	NS	
The level of serum FSH	7.1 (4.3-18.4)	8.5 (5.4-11.9)	NS	
Previous OPU cycles	1 (1-9)	1 (1-6)	NS	
BMI (kg/m <sup>2</sup> )	20.79 (16.91-32.81)	21.5 (17.0-32.81)	NS	
Smoking	0	0	NS	
Preterm birth / ongoing pregnancy	2.9% (1/34)	23.8% (5/21)	<.03	.505
Term birth / ongoing pregnancy	97.1% (33/34)	76.2% (16/21)	<.03	.625
Live birth / ongoing pregnancy	100% (34/34)	95.2% (20/21)	NS	.301
Cause of infertility			NS	
Male factor	5	4		
Tubal factor	6	6		
Endometriosis	9	5		
Ovarian factor	5	4		
Antisperm antibody	1	1		
Fertilization failure	0	1		
Unknown	14	4		
Embryo quality				
Good quality blastocyst	66.7% (24/36)	79.2% (19/24)	.08	
Poor quality blastocyst	30.1% (11/36)	8.3% (2/24)		
Good cleaved embryo	2.8% (1/36)	12.5% (3/24)		

7 BMI: body mass index, CE: Chronic endometritis, FSH: follicle-stimulating hormone, OPU: ova pick

8 up, NS: not significance

9

10 **Table 3. Clinical courses of preterm birth**

Presence of CE	Gestational age at delivery	Causes and details of preterm birth	Delivery style	Birth weight (g)	Apgar score
Non-CE	36w2d	Placenta previa	CS	2452	8/9
CE	22w5d	PROM at 22 weeks 5 days of gestation	VD	566	Still birth
CE	36w0d	PROM at 35 weeks 4 days of gestation	VD	2696	8/9
CE	36w6d	Preterm labor admitted for long-term tocolysis from 33 weeks of gestation	CS	3206	8/9
CE	36w2d	Severe hypertensive disorder of pregnancy	CS	2110	9/10
CE	36w3d	Fetal pleural effusion	CS	2568	8/9

11 CE: chronic endometritis, PROM: preterm rupture of membrane, CS: caesarian section, VD: vaginal  
 12 delivery

13

14

15 **Table 4. Logistic analysis of patients who became pregnant**

	Variable	Odds ratio	95% CI	P value
Miscarriage	CE	4.8	1.4-16.3	<.03
Preterm birth	CE	9.6	0.77-121.0	.08
Term birth	CE	0.11	0.03-0.39	<.001
	Male factor	21.7	1.3-359.0	<.05
	Tubal factor	34.5	1.7-683.0	<.03
	Endometriosis	16.5	0.85-321.5	.07
	Unknown	54.2	2.3-1263.9	<.03
Live birth	CE	0.18	0.052-0.61	<.01
	Unknown	10	0.69-144.3	.09

16 CE: chronic endometritis, CI: confidential interval, NS: not significance

17

18 **Table 5. Logistic analysis of patients with ongoing pregnancy**

	Variable	Odds ratio	95% CI	P value
Preterm birth	CE	16.3	1.3-204.6	<.05
Term birth	CE	0.61	0.005-0.77	<.05
Live birth				NS

19 CE: chronic endometritis, NS: not significance

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21

22

**Supplemental table 1. Characteristics and fertility and pregnancy outcomes of all patients by**

**group**

	Non-CE N=40	CE N=44	P value	Power
Age (y)	35.2±0.48	34.8±0.49	NS	
Gravidity	0 (0-4)	0 (0-3)	NS	
Parity	0 (0-1)	0 (0-1)	NS	
The level of serum FSH	7.3 (4.3-18.4)	8.7 (5.4-14.8)	0.06	
Previous OPU cycles	1 (1-9)	1 (1-6)	NS	
BMI (kg/m <sup>2</sup> )	20.79 (16.91-32.81)	21.85 (16.38-35.74)	NS	
Smoking	0	0	NS	
Pregnancy / total	95% (38/40)	72.7% (32/44)	<.01	0.700
Miscarriage / total	12.6% (5/40)	31.8% (14/44)	<.03	0.450
Preterm birth / total	2.5% (1/40)	11.3% (5/44)	NS	0.197
Term birth / total	82.5% (33/40)	36.4% (16/44)	<.0001	0.992
Live birth / total	85% (34/40)	45.4% (20/44)	<.0003	0.962
Cause of infertility			NS	
Male factor	9	10		
Tubal factor	6	13		
Endometriosis	10	12		
Ovarian factor	7	6		
Antisperm antibody	1	1		
Fertilization failure	0	1		
Unknown	13	7		
Embryo quality			NS	
Good quality blastocyst	37	50		
Poor quality blastocyst	15	25		
Good cleaved embryo	4	11		

BMI: body mass index, CE: Chronic endometritis, FSH: follicle-stimulating hormone,

OPU: ova pick up, NS: not significance

**Supplemental table 2. Logistic analysis of the total patient group**

	Variable	Odds ratio	95% CI	P value
Pregnancy	CE	0.13	0.024-0.74	<.03
Miscarriage	CE	3.5	1.1-11.5	<.05
Preterm birth				NS
Term birth	CE	0.091	0.03-0.29	<.0001
	Tubal factor	7	1.05-103.4	<.05
	Endometriosis	10.4	1.36-108.0	<.03
	Unknown	36.2	2.8-470.0	<.01
Live birth	CE	0.11	0.034-0.39	<.0001
	Unknown	24.2	1.8-331.8	<.03

CE: chronic endometritis, CI: confidential interval, NS: not significance